PENNSYLVANIA MASONIC YOUTH FOUNDATION

GIRLS' LEADERSHIP CAMP AND CONFERENCE

Girls' Leadership Camp July 20 - 25, 2025

Registration Deadline: June 30, 2025 Registration Fee: \$275

This overnight camp for girls ages 10 - 13 serves as an introduction to leadership concepts, with a focus on self-reflection, communication skills and asserting oneself within larger society. While the emphasis is on fun and friendship, attendees will learn valuable lessons and skills, such as:

- Effective Communication
 Learn what to say when faced with difficult situations, including
 positive ways of asserting oneself while remaining kind.
- Interpersonal Strength
 Discover how to be authentic, confident, resilient and optimistic in any situation.
- Healthy Relationships with Yourself & Others
 Discuss how to establish appropriate personal boundaries
 and express them in a positive way; delve into social media
 topics and explore alternative social activities.
- Explore Goal Setting for Future Aspirations What types of goals do you have for your life? What is one thing you want to do in the future?

Girls' Leadership Conference July 20 - 25, 2025



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This overnight conference for girls ages 14 - 17 provides an overview of leadership with an emphasis on identity and self. Through lectures, light-hearted debates, real-life simulations and hands-on activities, attendees build an understanding of respect for self and others while building a rapport with peers. Topics will include:

- Professional & Skill Development Improve your public speaking, conflict resolution, communication, problem solving, networking, self-advocacy and goal setting skills.
- **Collaboration** Participate in team or group-based activities and relationship-building experiences within diverse groups of peers.
- Mentorship Attendees will have the opportunity to both receive mentoring and to mentor other participants with trained staff and volunteer involvement and oversight.
- Meaningful Opportunities
 Explore a cause that you find important, want to learn
 more about or think should be investigated further.

For more information and to register, visit *pmyf.org/girls-leadership-camp*. For questions, contact Laura Pepper, program coordinator, at lpepper@pmyf.org or 717-367-1121, ext. 33852.