

## Substance Use & Youth: Risks, Trends & Consequences

Current research into the substance use of youth indicates changes and shifts in substances and patterns of use. While the numbers are still high, teen vaping of nicotine and marijuana has leveled off. Opioid use among youth remains low, but the use of stimulants has increased. Prescription stimulant use has decreased among older teens but has increased among 8<sup>th</sup> grade students. The perception of harm from marijuana use among youth remains low while use remains high. This workshop will:

- Address the current research on substance use and abuse among youth;
- Look at what places some youth at an increased risk for high-risk substance use;
- Examine emerging drug trends among youth, particularly changes in patterns of use among young teens;
- Review education and prevention resources.