

Recognizing and Preventing Teen Dating Violence

Deborah McCoy

Teen dating violence, or intimate partner violence impacts millions of teens each year. A recent national survey revealed that ten percent of teens, both male and female, had been victims of physical violence while 29 percent shared they had been verbally or psychologically harmed. The violence experienced can be physical, emotional, verbal, sexual and cyber and can affect the development of health relationships as teens grow into adulthood.

Teen dating violence can be prevented with a focus on developing healthy relationships, reducing risk factors and fostering protective factor. This workshop will:

- Look at the research and facts surrounding teen dating violence;
- Talk about the reduction of risk factors;
- Identify protective factors for youth;
- Discuss the development of healthy relationships and the impact family members and role models (mentors, teachers, coaches, youth leaders and other adults) can have on the establishment of those relationships.