

## Marijuana & Youth: The Impact of Use on Their Mental and Physical Health

Marijuana use among youth is the highest it has been in over 30 years. There has been an increase in not only the monthly use of cannabis among kids, but their daily use has grown substantially as well. Ongoing research tells us that the regular use of marijuana can have a substantial impact on physical and mental health, both over the short and long term. This workshop will:

- Address the current research on the use and abuse of marijuana among youth and the effects of that use on mental health;
- Look at the use of vaping devices in marijuana use;
- Examine the physical impact of marijuana use;
- Review education and prevention resources.